

West District Cross Country Championships Individual Medallists (U13 Girls)

No Trophy

First held in

Scottish Athletics Federation/Scottish Athletics Limited

2025-6	Abbie Boyle	Law & District AAC	8.58	Sky Williams	Kilbarchan AAC	9.06	Caitlin Cameron Laing	VP-City of Glasgow AC	9.12
2024-5	Emma Nicholson	Giffnock North AC	8.49	Emily Taylor	Law & District AAC	8.50	Lena Skrzydlewska	Motherwell AC	8.58
2023-4	Lucy Tonner	Giffnock North AC	12.48	Emma Nicholson	Kilbarchan AAC	12.52	Eve Cameron	Giffnock North AC	13.06
2022-3	Erin Burnett	Garscube H	12.17	Eilidh Caldwell	Giffnock North AC	12.29	Holly Simpson	Giffnock North AC	12.36
2021-2	Eilidh Caddow	Giffnock North AC	11.26	Matilda Frew	East Kilbride AC	11.31	Freya Scobie	Giffnock North AC	11.33
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Millie McClelland-Brooks	Glasgow School of Sport	12.54	Freya Campbell	Giffnock North AC	12.55	Zara Redmond	Kilbarchan AAC	13.09
2018-9	Amiya Patel	VP-City of Glasgow AC	4.52	Iona Stroma Hubbard	Ayr Seaforth AAC	5.01	Jessica Gilchrist	Law & District AAC	5.02
2017-8	Valencia Wright	VP-City of Glasgow AC	12.22	Hannah Ryding	Giffnock North AAC	13.17	Islay Hubbard	Ayr Seaforth AAC	13.17
2016-7	Jennifer Murray	Kilmarnock H&AC	11.52	Valencia Wright	VP-City of Glasgow AC	12.01	Anya Maclean	Garscube H	12.10
2015-6	Lily Jane Evans-Haggerty	VP-City of Glasgow AC	12.23	Alisha Sivell	Kilbarchan AAC	12.44	Helen Chong	Giffnock North AAC	13.05
2014-5	Emma Frew	Ayr Seaforth AAC	11.27	Nuala McCheyne	Inverclyde AC	11.46	Heather Barns	Giffnock North AAC	12.04
2013-4	Emma Lawton	Giffnock North AAC	11.15	Emma Frew	Ayr Seaforth AAC	11.23	Nuala McChayne	Inverclyde AC	11.33
2012-3	Erin Wallace	Giffnock North AAC	11.28	Nikki Miller	Giffnock North AAC	12.01	Danielle Kelly	Giffnock North AAC	12.01
2011-2	Erin Wallace	Giffnock North AAC	11.58	Laura Stark	Kilbarchan AAC	12.08	Holly Little	VP-City of Glasgow AC	12.23
2010-1	Kirstin Oakley	Ayr Seaforth AAC	12.17	Emma Mitchell	Inverclyde AC	12.47	Katie Turnbull	Kilbarchan AAC	12.51
2009-10	Gwen Gillham	Kilbarchan AAC	12.57	Kirstin Oakley	Ayr Seaforth AAC	12.57	Catriona Graves	Garscube H	13.03
2008-9	Catriona Graves	Garscube H	11.00	Selena Jackson	Giffnock North AAC	11.02	Kirsty Harper	Kilbarchan AAC	11.03
2007-8	Sarah Cassells	Ayr Seaforth AAC	12.40	Vanessa Hogan	Kilbarchan AAC	12.46	Amanda Monaghan	Shettleston H	12.48
2006-7	Karen Belch	Giffnock North AAC	13.46	Debbie Hannah	Kirkintilloch O	13.50	Mairi Brown	Ronhill Cambuslang H	13.54
2005-6	Nicola Lindsay	Law & District AAC	11.52	Holly Young	City of Glasgow	12.14	Alexandra Lamond	Kirkintilloch O	12.25
2004-5	Lauren Mackin	Giffnock North AAC	12.27	Anna Hilley	Giffnock North AAC	13.08	Jennifer Hannah	Kirkintilloch O	13.34
2003-4	Laura Cameron	City of Glasgow	14.44	Stephanie Cameron	City of Glasgow	15.05	Naomi Smith	Nithsdale AC	15.10
2002-3	Eilidh Menzies	Kilbarchan AAC	11.56	Laura Taylor	Giffnock North AAC	12.18	Charlotte McShane	Helensburgh AC	12.22
2001-2	Rebecca Finch	City of Glasgow	12.41	Eilidh Menzies	Kilbarchan AAC	12.51	Roslyn Campbell	L&L Track Club	12.55
2000-1	Stephanie Barras	Kilbarchan AAC	14.21	Debbie Miller	Greenock Glenpark H	14.39	Megan Shennan	Stewarty AC	15.10
1999-2000	Helen Popple	City of Glasgow	13.25	Laura MacPherson	City of Glasgow	13.35	Jennifer Emsley	Arran R	14.08
1998-9	Fiona Gentles	Kirkintilloch O	13.53	Laura MacPherson	City of Glasgow	14.16	Marie-Theresa Gardiner	West Dumbarton AC	14.18
1997-8	Danielle Keir	City of Glasgow	13.24	Lynn Pattison	Gleniffer High Sch	13.28	Lorna Stevens	City of Glasgow	13.37
1996-7	Catriona Forrest	City of Glasgow	13.04	Emma Kerr	Nithsdale AC	13.25	Gemma Wield	Annan & District AC	13.28
1995-6	Denise Smith	Helensburgh AC	11.52	Laura Mooney	East Kilbride AAC	12.13	Lynn McAuley	Irvine AC	12.22
1994-5	Collette Fagan	Airdrie H	11.12	Katy Farr	Gleniffer High Sch	11.29	Lyndsay McCrae	City of Glasgow	11.34
1993-4	Joanna Ross	Victoria Park AAC	11.38	Collette Fagan	Airdrie H	11.54	Roslynn Clark	Ayr Seaforth AAC	12.04
1992-3	Katrina McNab	Central Region AC	12.45	Caroline Morris	JW Kilmarnock H	13.35	Susan Scott	City of Glasgow	13.35

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1991-2	Karen Montador	Central Region AC	13.14	Caroline Morris	JW Kilmarnock H	13.50	Mairi Hastie	Strathkelvin LAC	14.03
1990-1	Rebecca Durkin	Nith Valley AC	9.46	Susan Scott	Ayr Seaforth AAC	9.55	Lorna Scott	Kirkintilloch O	10.00
1989-90	Helen Brooks	Ayr Seaforth AAC	8.55	Kirsty Stewart	JW Kilmarnock H	9.00	Elizabeth Richardson	Avon AC	9.06
1988-9	Carol-Anne Boyce	Glasgow AC	9.16	Jacqueline McDowall	Colzium AC	9.17	Laura McGarrity	Spango Valley AC	9.35
1987-8	Debbie McNally	Victoria Park AAC	10.15	Alison Potts	Victoria Park AAC	10.18	Aileen McManus	Irvine AC	10.20
1986-7	Gillian Slaven	Ayr Seaforth AAC	12.57	Jan Roxburgh	Irvine AC	13.26	Lindsay Kerr	Strathkelvin LAC	
1985-6	Emma Hanlon	Nith Valley AC	10.37	Donna Rutherford	Kilmarnock H	10.42	Angela Paterson	Strathkelvin LAC	10.48
1984-5									
1983-4	Andrea Fisher	East Kilbride AAC	14.10	Wendy Gorman	Strathkelvin LAC	14.11	Jane Cassidy	Colzium AC	14.34
1982-3									
1981-2									
1980-1	Carol-Anne Bartley	Victoria Park AAC	7.05	Hazel McHenry	Victoria Park AAC	7.08	Joan Cameron	Victoria Park AAC	7.11
1979-80	Janet Stewart	Victoria Park AAC	5.32	Alison McDougall	Glasgow AC	5.33	Allison Trotter	Glasgow AC	5.40
1978-9	Kim K Wilson	Ayr Seaforth AAC	8.47	Janet Stewart	Victoria Park AAC	8.56	Carron Turner	Clyde Valley AC	8.59
1977-8									
1976-7	Linda Thomson	Law & District AAC	8.38	Margaret Hogg	Clyde Valley AC	8.41	Carol Mair	Glasgow AC	8.42
1975-6	Helen McDonald	Clyde Valley AC							
1974-5									
1973-4	Fay Nixon	Grangemouth O							
1972-3	Fay Nixon	Grangemouth O	7.24	Leslie Roy	Victoria Park AAC	7.29	Norma Douglas	Paisley H	7.34